



"Hilary Flower has provided a detailed explanation that is easily accessible to the lay person, as to why the normal pregnant uterus only responds weakly to the action of oxytocin hormone until the very end of pregnancy. Undoubtedly, this is one of nature's own safety checks to prevent miscarriage and preterm labour in women continuing to breastfeed regularly during their next pregnancy. I feel sure that this book will provide women with confidence and reassurance."

Lesley Regan, PhD, MD
Head of the Recurrent Miscarriage Clinic at St. Mary's Hospital in London, the largest miscarriage referral unit in Europe, and author of *Miscarriage: What every woman should know*

"*Adventures in Tandem Nursing* is a rare gem... a book that reassures, informs, and entertains simultaneously. We in the lactation community have been waiting for this book for a very long time."

Diana West, IBCLC
author, *Defining Your Own Success: Breastfeeding After Breast Reduction Surgery*

Reviews

"For parents who decide that weaning can wait, a sometimes inevitable result is a new pregnancy while the toddler is still nursing. This new step in the adventure of parenting brings a new set of questions and challenges, and Flower's book provides an invaluable resource."

Norma Jane Bumgarner
author, *Mothering Your Nursing Toddler*

"Every page of Hilary Flower's book delights me! It's full of helpful information and personal support, both essential to breastfeeding success. And with tandem nursing, you need a double dose of both!"

Peggy O'Mara
editor, *Mothering*

"*Adventures In Tandem Nursing: Breastfeeding During Pregnancy And Beyond* by Hilary Flower is a comprehensive, definitive, 'reader friendly' instructional resource offering everything expectant mothers need to know about breastfeeding, including its pros and cons, dealing with discomforts, dealing with disapproval, adopting a second nursling, proper nutrition while breastfeeding, illustrative mothers' stories, and more. A solid, exhaustive, balanced, and readily accessible resource, *Adventures In Tandem Nursing* is very highly recommended reading..."

Midwest Book Review
Internet Bookwatch Volume 13, Number 9
September 2003

"Finally! This book is a fun-to-read combination of mother wisdom and hard scientific evidence on nursing during pregnancy and tandem nursing. This resource both supports and informs nursing mothers, while providing the research-based information on safety issues that they need. Mothers, lactation professionals and health care professionals will find this to be a valuable addition to their bookshelf."

Kelly Bonyata
kellymom.com

Ordering Information

Adventures in Tandem Nursing

can be ordered from
La Leche League International.

Additional information at NursingTwo.com

Item No. 1379-12

On the web: www.lalecheleague.org/catalog.html

Email: orderdepartment@lilli.org

Phone: 847-519-9585